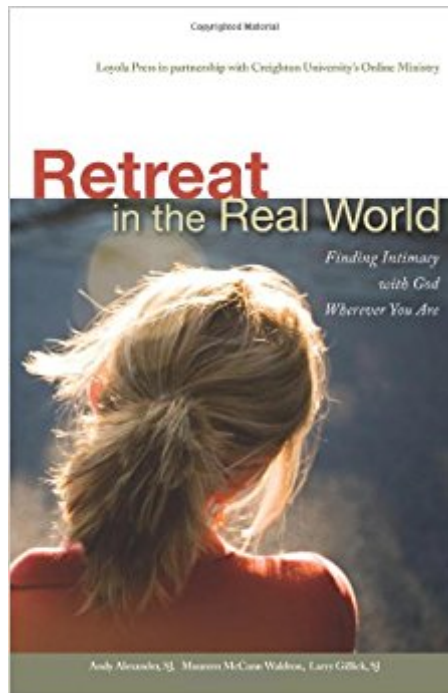


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# Retreat In The Real World: Finding Intimacy With God Wherever You Are



## Synopsis

What if you could experience a personal retreat in the truest sense of the word personal: on your own time, in your own way, in a location of your choosing? With *Retreat in the Real World* by Andy Alexander, SJ, and Maureen McCann Waldron, a personal Ignatian retreat is literally no farther away than your fingertips. This 34-week retreat can be started at any point in the calendar year, can be done anywhere, and can be experienced on your own or in conjunction with others. Each of the weeks includes background information, a simple reflection, prayer helps, and Scripture readings, along with beautiful photography by Don Doll, SJ. This highly popular personal retreat was originally offered online through Creighton University's Online Ministries.

## Book Information

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## Customer Reviews

What if you didn't have to go to an Ignatian retreat to experience its many benefits? What if the retreat came to you? *Retreat in the Real World* allows anyone to make an in-depth, self-directed Ignatian retreat on his or her own time. This 34-week retreat can be started at any point in the calendar year and can be done anywhere at any time by yourself or in conjunction with others. Each of the 34 weeks includes background information, a simple reflection, prayer helps, and Scripture readings, along with beautiful photography. This print version of the formerly digital-only online retreat from Creighton University's Online Ministries will prove extremely popular with anyone who has always wanted to make an Ignatian retreat but has not had the time or resources to do so.

Participate in a full Ignatian retreat—wherever and whenever you want! Mention the word “retreat” and most people conjure up images of withdrawing from daily life, perhaps by traveling to a retreat house where a spiritual director awaits. But what if you didn’t have to go to a retreat to experience its many benefits? What if the retreat came to you? Retreat in the Real World offers the unique opportunity to make an in-depth, self-directed Ignatian retreat on your own time. This 34-week retreat can be started at any point in the calendar year and can be experienced anywhere that works for you. You can experience the retreat by yourself or in conjunction with others. Each of the 34 weeks includes background information, a simple reflection, prayer-helps, Scripture readings, and photography by Don Doll, SJ. Every week is different in the graces asked for and the material reflected upon, yet each week builds upon the weeks before it. This highly practical print version of the formerly digital-only retreat from Creighton University’s Online Ministries will prove extremely fruitful for anyone who wants to know, love, and follow Jesus more closely.

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The authors take their free and inspired online retreat and put it in book form. Reading on an electronic device meets my needs most of the time because I have a device on which to read with me all the time. Books don’t travel with me as easy. This book is on my breakfast table and I use five minutes after breakfast to get my bearings, again, for the day’s retreat. I notice that I get that reading in before the distractions I fend off when I go online. This book also serves as a reminder when I see it in the evening -- something my electronic devices don’t do for some reason. I am at

week 6 -- happy that I have this handy resource to help me make this retreat.

Until receiving guidance from Retreat in the Real World and with three other spiritual companions I have not found the time to become immersed in what is equivalent to a 30 day Ignatian Retreat. This at home retreat is focused and designed to be accomplished over 34 weeks, our small group meets monthly to encourage and share new insight. I am in my seventies and would recommend this book to anyone desiring a life review in the light of God's faithfulness and love. One of my goals is to write a spiritual legacy for my children and grandchildren. For a young adult discerning a life direction this book is ideal especially with a mature group or guide.

I have only begun this retreat but find myself thinking about it frequently throughout the day. That's the point, I think, to bring Christ into our daily activities. So far I'm enjoying the book and its helpful instructions.

This is one of the best--most practical, relevant and well-rooted in the Spiritual Exercises of St. Ignatius--retreat experiences I have seen for those wishing to significantly deepen their relationship with Jesus Christ in the midst of their very busy lives.

My pastor told me all about this amazing book. I and my partner are on the 34 week retreat journey. It has become a staple in our day. This is the best book one can get to get ones self closer to God!

I love this book and ordered it for a relative. It is written by 3 wonderful people and is an easy way to pray each day.

This is a great resource.

I got this as a gift for my father...he loves it. It seems that it is working well as a tool for creating a spiritual autobiography. I know one of the priest who contributed to this book, he is incredibly gifted. Enjoy

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